



Horse Breather

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*see below for owners' comments re

wind sucking
colic
sweet-itch
weight control
stress relief

The All Weather Breather

The All Weather Breather is designed to be worn when the horse is out in the field. It can be used in all weathers and can be left on for extended periods. It can also be worn by stabled horses although the constant movement enjoyed by a horse in its field increases the Breather's effectiveness.

It is milder in its action than the Grazing or Equine Breather but because it can be left on over long periods it can provide similar benefits, particularly if used at times when the symptoms are at their worst such as strong sunlight or when midges are bad.

This makes it especially helpful for owners of horses with **sweet itch, hay fever, wind sucking** and **respiratory symptoms** that gain relief from other Equine Breathing approaches such as 1N.

Made from specially selected vinyl coated polyester mesh the All Weather Breather is easy to clean – just rinse after use. This also allows the All Weather Breather to be used in heavy rain and wet grazing conditions. In sunny weather it has the added benefit of providing a 75% reduction in UV light.

Compared to the other Breathers, the All Weather Breather is mild in terms of improving (reducing) the breathing but if worn regularly for long periods it can produce similar improvements and therefore similar potential healing responses including clearings. As with the other Breathers, it is essential that owners familiarise themselves with the training provided on the Equine Breathing DVD so that they can use the Breather safely and recognise and manage healing responses if they occur.

The All Weather Breather is worn attached to a head collar so its period of daily use is restricted by the usual limits, such as the potential for rubbing, accompanying the long term use of a head collar as well as the potential for clearing. Recommended maximum use is 12 hours a day daily, with one day a week off. Shorter periods of use can be made more effective by exercising the horse in hand but it must not be used when riding the horse.

It is important that the head collar used is comfortable for the horse with the least possibility of causing rubs. In addition it must be capable of being adjusted well enough to get a perfect fit for the All Weather Breather. Head collars with adjustable nosebands are more likely to be suitable than those without.

In cases where the maximum Equine Breathing effect is required, the All Weather Breather use can be supplemented by designated, and more intense



Another added bonus is fly protection for the muzzle



Equine Breathing sessions in an Equine or Grazing Breather.

As with all Equine Breathing, the horse must always enjoy both Equine Breathing and wearing the All Weather Breather. It is the owner's responsibility to ensure that this is always the case.

The All Weather Breather has been tested by experienced Equine Breathers. Here are some of their experiences and comments.

Sweet itch

Jane, UK

"The All Weather Breather has been really excellent in helping my pony recover from severe sweet itch. Over the summer I used a Grazing Breather which was a tremendous help. Her itching reduced dramatically and her skin started to recover from the rubs. But as I only see her twice a day I can only leave the Grazing Breather on if its sure to be a dry day.

The All Weather is a huge success. As with the Grazing Breather, if Amie is itchy when the AW is put on, she responds almost immediately by stopping scratching and I can leave it on all day whatever the weather. If she does scratch now, the skin is stronger and recovers and the hair grows back within days. Now that I can use the AW all winter, I am looking forward to seeing how she is next spring.

Cleaning couldn't be easier. It either rinses off under the tap or in a bucket of water, or it can be left to dry and the mud simply crumbles off. In wet weather it is self cleaning to a large extent, mud occasionally needs washing off from the tape around the edges. There are no rubbing issues as hardly any of the Breather actually touches the horse. It is important though not to use it with too tight a head collar or the head collar might rub."

Wind sucking

Wendy, England

"I have been using Equine Breathers on two long term wind suckers with some success but have been restricted by my lack of time and the weather from doing sufficient for complete recovery. I have now been using the All Weather Breather for 2-3 weeks continuously, using it on one horse during the day and the other horse overnight.

Its effectiveness has given me such confidence that I have not found it necessary to use the anti cribbing collars either when they are wearing the AW or during their time not wearing it. Only a year or so ago Kali would have brought on a colic attack after a long wind-sucking session on the rare occasions when I forgot to replace the anti cribbing collar after working him. It just shows how much his health and metabolism have improved since starting Equine Breathing.

Torrential downpours and heavy dews cause no problem for AW use. Now that I can provide consistent daily EB



Jane uses the AW over night when midges are at their worst

using the AW, along with additional Grazing Breather and Equine Breather sessions when possible, I believe that Kali and Sid will continue their progress to make a full recovery.”

Calmness and stress reduction

Trudi, Australia

“Recently I bought a new horse, Billie. When I went to pick him up I fitted the AW as soon as he was in the horsebox. It is a twenty minute drive home and when he arrived I introduced him to his field companion, PJ who was also wearing his AW. I believe this helped them to both stay in a reasonably level-headed mood through the excitement of meeting a new friend.

Although PJ got quite excited by the new arrival and ran around showing off his speed and agility, Billy walked or trotted calmly about exploring his new field and surroundings. This was pleasing as both horses are Thoroughbreds and as a breed they can get a bit carried away if they start to get excited.



The big advantage of the AW breather was that I could put it straight on rather than having to build up to using it as you do with the EB or the GB, a great advantage with the new horse who had not done any Equine Breathing before.

The AW is easy to fit, stays in place well even if the horse is a little tougher on it, for example he can rub his nose on his leg and it falls straight back into place. They are easy to clean and in the Australian climate will be fabulous for those horses with pink noses as it should help protect them from sunburn. I usually put the AW breathers on in the morning and leave them on for most of the day, once a week I give them a day off to allow the body to catch up with elimination of toxins.”

Use on Icelandics

Ellie, Scotland

“I have been very pleased with the AW. One of the biggest advantages for me is the fact that I can leave it on Hugi out in the field. My herd tends to play vigorously and run around sometimes so I had to be careful about leaving the Grazing Breather on in case it was too strong under these circumstances. However I feel confident leaving the AW on as it is a bit milder. I have twice witnessed Hugi galloping the full stretch of the field, playing, bucking and rearing and generally having a good time for at least 5 minutes and no problems at all with the AW. He was breathing hard, and the AW was definitely making a difference, but he showed no signs of stress at all.



Hugi is able to wear the AW for far longer than he ever

wore the Grazing Breather and I think this has helped him stay calm out on the roads even more. I have also noticed that he is losing weight as well. His weight has always been a problem. It has been really hard to get the weight off since we got him. Nothing seemed to shift it. But since using the Grazing Breather this year he seems to be gradually losing it, and now even more so since doing more with the AW.

In terms of ease of use, comfort, cleaning etc, the AW is very easy. Both Hugi and Bjork seem comfortable in it. Aside from wearing headcollars for extended periods, I have been happy that it doesn't rub or bother them. Cleaning is very simple. I just run it under the tap and use an old nail brush on it.

The obvious advantage for me is the fact you can use it in all weathers. The horses live out and so we don't have any stables. Being able to put the AW on whatever the weather has been great. I don't need to constantly watch the weather checking for rain."

Use in conjunction with a Grazing Breather

Nat, Hampshire

"You know what its like when you have a headache .. its so bad you can not think of anything else .. but when it has gone you have forgotten just 'how' bad it was and so quickly .. well I would equate that feeling with now having the AW breather. Because Jack is so much better now and I am having confidence in the efficacy of the new AWB I had forgotten how bad my anxiety was about him 'not' being able to wear his GB in wet weather.

Jack was SO unhappy in his body and his mind before using the Breathers ... doing something to him to make him so grumpy and be so difficult to train and ride. All I did was worry about him, was he 'ill' ? was I a bad owner?

Using the Grazing Breather everyday gave us both our lives back and enjoyment in what we do together, but as the weather started to change I used to dread the wet days. Those then turned in to wet weeks in the winter months and feelings of helplessness, as using the GB was impractical, due to it becoming soaked / muddy etc. Despite Clare's kind words , affirming that he would never return to 'pre breathing poor health / behaviour I was still anxious So now, having the AW has meant continued 'breathing' and good health for jack .. and peace of mind for me ... which in turn also means happier horse :-)
cheers to AWB's !!!!!!!

Jack does seem to flick it up in the air when he first goes out in it but it falls back down ok. It is very robust. Rubbing and rolling has no effect on it. If its very hot he tends to sweat around his nostrils a bit and it did rub a little. But I used the GB instead on really hot days (how many of those do we get !! ??).

Use before riding out

