



Horse Breather

Equine Breathing ezine April 09 issue 40



Equine Breathing a horse with Metabolic Syndrome

In August Lin decided to try Equine Breathing with Harry who had been poorly for a year and had been diagnosed as having Metabolic Syndrome. After 6 months of Equine Breathing Harry is "significantly better" says Lin. "I am delighted with the results. Although Harry is a complex case Equine Breathing has given him more energy and less stress and I think this, in conjunction with his diet, exercise, good barefoot trimming and daylight bulb all contribute toward his better health and have given him a new lease of life"

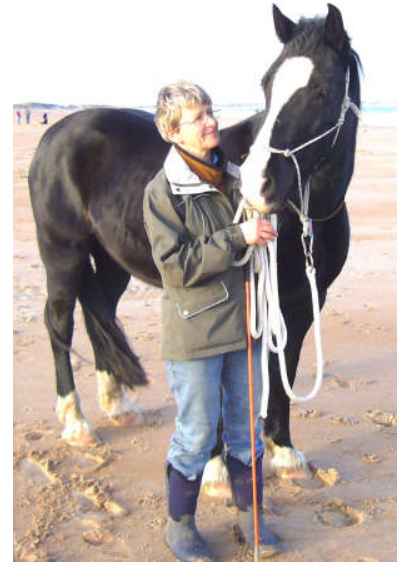
"Before starting Equine Breathing Lin said, "Harry is quite a severe case. There have been times when Harry has given up. Sooner or later I will need to listen to him, but I will exhaust all avenues first". Harry's symptoms were distressing and included extremely high insulin levels, long bouts of laminitis, foot abscesses, strong sweet smelling urine, swellings around the jaw and above the eyes, coughing and a nasal noise when eating. He was very dull and depressed.

"I was devastated to learn that Harry had Metabolic Syndrome. My vet recommended Metformin Therapy, however I didn't like the side effects and decided to go down the diet and exercise route."

After 6 months using the Equine Breather Harry is significantly better. "I now have a horse with less occurrence of laminitis. Harry's feet are much improved, he still suffers from the odd abscess although these seem to last only a few days now instead of weeks and he's much better if I can keep him exercised daily in hand. I am still not able to ride him but feel we are a little closer to that milestone. Harry was galloping around the paddock today!! Wow couldn't believe my eyes, might get the saddle polished!!"

"The cough has gone, the facial swelling is vastly reduced, I have not tested his insulin levels lately but do intend to. The urine is not yet normal and is still a bit sweet smelling. Harry is now very bright and wants to go out for walks and is happy to trot and canter."

Lin recorded Harry's symptoms for 6 months after starting Equine Breathing. The cough started to reduce in the second week of using 1N and stopped in the third week. The urine became clear (although each time Harry had an abscess the urine reverted somewhat) and the barefoot trimmer was very impressed with his soles which were now noticeably harder.



Lin and Harry enjoying a new lease of life

After a month of 1N Lin decided to buy an Equine Breather for a more powerful effect. "He is so much brighter and feeling much better since I started using the Equine Breather". After 2 weeks the face swelling started to go down and a month later Lin reported "I have to say that looks wise I have my old horse back, all the swelling on his face has gone and I am delighted with that".

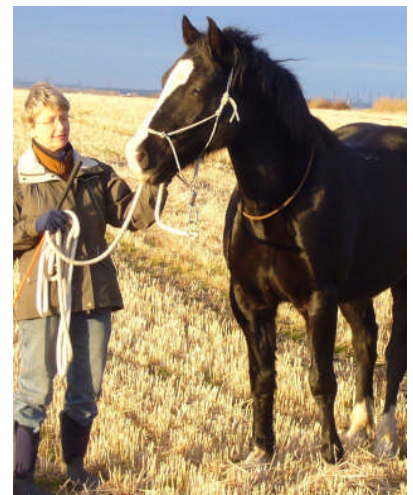
At this time the barefoot trimmer commented that the stiffness in his hind quarters was better than it had ever been.

Before starting Equine Breathing Harry was unsound on grass on a circle and would not willingly canter in the paddock and would only occasionally trot.

After a week of using the Equine Breather Lin was surprised and pleased to report that Harry was cantering around the field and trotting with elevation. In December (3 months after starting Equine Breathing) Lin was recording comments such as, "Moving around the paddock better, took him to the indoor school and he went mad!! He had a good buck and blew the cobwebs off!!" and another day "Full of himself, just wants to go!" In January she recorded, "Lovely extended trot – I'm very pleased" and another day, "Happy to canter".

Lin is clearly totally committed to helping Harry in every way she can and we hope that the improvements continue until Harry is fully fit and recovered.

Till next time
breathe easy
Clare



So much brighter